

Family....

What did we do this weekend....There is a lot of dance on weekends, Ave has about 4 hours of it herself split up over the Friday to Sunday spread....Charlotte has skating Saturday mornings, this week Syd decided to come along and watch...it was good fun, and donuts afterward....I may have eaten 4....

The rink is nice....I always feel close to Ev there for whatever reason....she really wanted Charlotte to skate and play hockey....and I think Charlotte relates those trips to the rink with Ev also....she always brings her up during the drive.....

It normally has me fighting tears....missing Ev....being proud of Charlotte.....

Ave spends most of her weekends checking in from play dates at friends houses, trips to the outdoor rink...and sporting events. That little girl is always on the go.....

It was a busy weekend.....on top of the carousel of taxiing kids, there is also lots of laundry and groceries to manage....the gym...and of course a pint or 2 with the boys.

Sunday night while Syd and I sat around listening to music she had the misfortune of seeing what her extended family was up to this weekend...her aunts, uncles, nephews, nieces....well....she might be in touch.....and you know what....she just might not.

No worries though....you leave it to me.....I'll fix it....I'll carry it...just let us know when it's convenient to stop by.....

Ya....Ev used to tell me her thoughts on this subject....

Anyway, my day isn't about yesterday's....I live for nows and tomorrows...so movin on.

An easy week around here, exams for the big girls, that's 2 less lunches and an hour plus less driving a few days this week....

Deep breaths.....oh shit....folks....please don't honk your horn at strange pickups this week....I'm not in the mood....

The Weigh In

What was I today....245? 244? I don't remember, I weighed myself 4 hours ago....no gym yesterday, might just do cardio today, I need to rest to grow....and I really pushed hard on Friday and Saturday while the boys were Yurting....I'm sore still....

UP

let's make this quick....everyone is up...Beagle 197.2, Andy 180, Vinnie 179, Arthur 193, Ayhan 186.6.....

The only loser of the bunch is Pirouz, he is on the shakes....also known as...hey, let's starve.... Pirouz weighed in at 156.



The Quote of The Day

Let us sacrifice our today so that our children can have a better tomorrow.

A. P. J. Abdul Kalam

The days after Ev left....really hard...for all of us....we were stuck in a tornado....our world spun around out of control.....

One day, a week in, I got everyone together and I said....let's do team love....that's the only way this is going to work...the 5 of us agreed....and we've been doing it for 13 months now.

Not every day is easy, some days there are battles.....but team love will always get us through.....

My sacrifice was easy to make, it was a decision I made based on love. The love I have for my babies....and the love I have for Evelyn.

Anyway....

Babe....I'm doing it....I love you.....